

UPSYVAC03 - Introduction to Life Skills

Unit I Introduction

Definition and Importance of Life Skills- Livelihood Skills, Survival Skills and Life Skills- Life Skills Education, Life Skills Approach, Life Skills Based Education - Life Skills Training - Implementation Models.

Unit II Evolution of the Concept of Life Skills

Genesis of the Concept - UN Inter-Agency Meeting - Hamburg Declaration - Quality Education and Life Skills: Dakar Framework - Life Skills Education in the Indian Context

Unit III Learning

Learning and Performance, Learning and Cognitive Development, Learning and Maturation - Adult Learning - Approaches to Learning: Behaviouristic and Cognitive Approaches - Theory of Social Learning: Albert Bandura - Bloom's Taxonomy of Learning Outcomes - Rogers Situated Learning

Unit IV Pillars of Education and Life Skills

The Four Pillars of Education - Learning to Know - Learning to Do - Learning to Live Together - Learning to Be Learning Throughout Life.

Unit V Practicum

Analyze the Life Skills Approach in School Curriculum.

References:

Dakar Framework for Action, (2000). Education for All: Meeting our Collective Commitments, Dakar, Senegal.

Life Skills Resource Manual, Schools Total Health Program, (2006). Health Education and Promotion International Inc., Chennai.